

“Whether, then, you eat or drink or whatever you do, do all to the glory of God.”

1 Corinthians 10:31

The Birds and the Bees

One Plus One Equals One – 1 Corinthians 10:31 – God’s Intimacy

Evolution is an interesting thought.

It claims that we are getting better and better. It claims that we are becoming more evolved as time passes. It is an interesting thought because it defies all observation and empirical evidence. I realize that evolution claims that these changes take place over a vast amount of time, but is it supposed to get worse before it gets better?

I am thinking of the area of physical intimacy. It is hard for me to imagine that we are evolving to a new state when we have fallen back in this area of physical intimacy. It seems as if there are two sides to this. There are those who will not discuss physical intimacy because they think it is a secret and dirty thing. It has nothing to do with being spiritual and sex will not bring us closer to God. Then there are those who use derogatory terms to describe the act of sex and jokingly speak of it as a pass time or an undesirable duty.

Reading in a technology magazine, one computer scientist claimed that we will one day soon be able to marry robots or have sexual relations with them. We are a world that wants pleasure with no responsibility. Evolution? Yeah, right!

What is your view and attitude towards sex?

No one really knows where the term “the birds and the bees” came from. There are thoughts that it came from poetry, but either way it is a feeble attempt to explain physical intimacy. I have asked a good number of people if their parents taught them about sex. After they laugh at me, they say no. So where are we learning about sex?

Peers – Now that’s a good thought. We learn about sex from people who do not know about sex because nobody taught them either.

Television – This doesn’t get any better. Television, in an hour program, says to enjoy sex with as many friends as you can. It may not show them going all the way, but waking up the next morning together is a good indication.

Movies – Depending on the rating, movies help us to know the mechanics of physical intimacy in degrees. We forget that movies are for entertainment and need to make money. Truth is not their first priority. In fact, truth is discarded because truth is no fun.

Magazines – It seems magazines know how to improve your sex life or how to get your man to love you more than the other woman. Sex becomes a game and the winner is the better player.

Why are these “resources” a bad influence in the area of physical intimacy?

So here is what we have, everyone telling everyone how to do something that no one knows how to do. It may be just me, but it seems we are in a heap of

"Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, {which is} your spiritual service of worship."

Romans 12:1

trouble. Of course that brings us to the question, "Who is eligible to tell us about physical intimacy?"

GOD.

He created sex. He instituted the marriage relationship. He told man and woman to multiply. He created the birds and the bees, too, but we'll keep to the subject.

I would go so far as to say that a proper understanding of physical intimacy draws us closer to God. In fact, physical intimacy can be an act of worship to God. Before your mind starts to explode, consider this verse.

"Whether, then, you eat or drink, **or whatever you do**, do all to the glory of God." – I Corinthians 10:31 (emphasis mine)

Is sex part of "whatever you do"? Yes! Picture a house. We pray for our food in the kitchen. We have family devotions or personal devotions in the living room. We pray over our children in their bedrooms. We may even have a 2-minute devotional sitting on the back of the toilet. We invite God into every room of our house, but when it comes to the bedroom and sex we shut Him out. We think, "God doesn't want to be a part of sex. That is just weird!"

Again, He created sex and blessed physical intimacy in the marriage. He wants to be a part of what happens in the bedroom as much as what happens in the kitchen. God is saying, "Whatever you do, even in bed, do it to glorify me!"

Consider Romans 12:1 as well. Paul is encouraging the believers in their walk. He has just explained the difference between disobedient people and those who have embraced God. Paul then says in 12:1 that believers are to present themselves as a holy sacrifice, which is spiritual worship. There is no condition attached to this. He did not say that our lives are to be worship to God except in sex.

God created physical intimacy to be an act of worship to Him.

Why is the previous statement a hard statement for some?

We have been conditioned to see sex as just an action. The world tells us that sex is a sensual, physical act and there is nothing emotional or spiritual attached to it. Now be prepared, because the world's philosophy justifies its actions. If physical intimacy is just an action then the following can be explained:

- Marriage is not the only place for sex because it is an activity that can be enjoyed by all, hence premarital sex is acceptable.
- Adultery is no longer that big of a deal because it is just an act, there is no connection to the emotions.
- Pornography becomes expectable because sex is just an activity that some enjoy more.
- Flirting has no bearing on a relationship because it is just an action similar to playing ball.

I could continue through the list of sins, but I think you may see what is happening. When I degrade physical intimacy to merely an action, I am saying that it is

not important to build the relationship and it is meant to gratify self. A misunderstanding of physical intimacy leaves the door open for sexual sins to enter. This is not only true of this subject, but any subject.

Consider the fall of man in Genesis 3. Here we have the serpent talking to the woman. The serpent tries to convince the woman that God did not really mean what He said, but the woman did not have what God said completely right. There was a misunderstanding of the truth. That misunderstanding paved the way for the serpent to cast doubt, and then came the fall.

Think through a time when you were misunderstanding a truth. Did it cause problems? Why?

The truth is, we are to do all to the glory of God and our bodies are our living sacrifice and worship to the Lord. Therefore, the physical intimacy between a husband and wife is an act of worship. Anything outside of that intimacy is sin, as it means to steal worship from God.

How would this idea change your thoughts on physical intimacy?

It redefines how we think about adultery, flirting, pornography, etc. These things no longer are just bad things as the Bible states, but they also are seen as idols. These things are motivated by our own self-centeredness. The physical intimacy between a husband and wife is not self-centered, but God-centered.

Here is how it works.

- A man or woman seeks to view physical intimacy as something to bring glory to God. Therefore, he or she will not flirt with others or entertain lustful thoughts.
- A man or woman comes to their spouse wanting to serve them through physical intimacy. This time becomes precious and sacred.
- A man or woman will guard their heart and mind from influences that would seek to degrade and destroy this form of worship.

It no longer becomes an opportunity to fulfill my own physical desires, but a privilege to serve my spouse through intimacy. It is a celebration of the marriage union, the oneness, the creation of man and woman, the distinctiveness of mankind, the differences between man and woman, and the sacredness of the marriage bed.

Physical intimacy is to be enjoyed and celebrated between a husband and wife. Sure, it feels good physically outside of marriage, but it is not just a physical action. It involves the entire person and is not blessed outside of marriage and it is not worship to God outside of marriage.

The world wants to lower the standard on physical intimacy. I wonder if we lower the standard on doctors if the world would follow along. Let's just say anyone who can use a fork and knife can use a scalpel. Would you want to have surgery?

Why in the world would we lower the standard in physical intimacy? Do we think if we lower the standard more people can enjoy it? I am sure more people

"Marriage is to be held in honor among all, and the marriage bed is to be undefiled; for fornicators and adulterers God will judge."

Hebrews 13:4

would enjoy being a doctor, but nobody would benefit from it.

Let's let God make the standard. He seems to know what he is doing.

What do you need to do in response to this lesson?

